

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: CNB

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: SERVAIS Cyril HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE WOMEN							Heat:3, starttime: 09:10	
Heat: 3/3 Lane : 1 Athlete: REINESCH LEELOO							Q-time: 04:27:80	
PB (25m pool): 4:24.67 Oberkorn 30 Nov 2024				PB (50m pool): 4:32.36 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		29.74		1:02.49		1:35.81		2:09.57
	29.74		32.75		33.32		33.76	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		2:43.35		3:17.49		3:51.66		4:24.67
	33.78		34.14		34.17		33.01	
								

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN										Heat:2, starttime: 09:35	
Heat: 2/6 Lane : 1 Athlete: RESL DANA										Q-time: 00:31:82	
PB (25m pool): 31.82 Saint-Dizier (F 10 Oct 2025										PB (50m pool): 33.41 SB:	
	2 5 M		5 0 M								
PB			31.82								
			31.82								
											

Coach feedback:

Event number: 4: 50M FREESTYLE MEN							Heat:7, starttime: 09:45	
Heat: 7/8 Lane : 5 Athlete: ALVES TORRES PAUL							Q-time: 00:22:68	
PB (25m pool): 22.23 Val Parisis 24 Oct 2025							PB (50m pool): 23.18 SB:	
	2 5 M		5 0 M					
PB			22.23					
	22.23							
								

Coach feedback:

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Event number: 5: 200M BREASTSTROKE WOMEN							Heat:2, starttime: 09:50	
Heat: 2/4 Lane : 2 Athlete: ALLAR MAUD							Q-time: 02:41:66	
PB (25m pool): 2:32.31 Oberkorn 30 Nov 2024				PB (50m pool): 2:37.84 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		34.27		1:12.85		1:52.38		2:32.31
	34.27		38.58		39.53		39.93	
								

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN							Heat:3, starttime: 10:05	
Heat: 3/7 Lane : 8 Athlete: VALENTINI STEFANO							Q-time: 01:07:88	
PB (25m pool): 1:06.66 Deifferdeng 17 May 2025				PB (50m pool): 1:08.78 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		31.17		1:06.66				
	31.17		35.49					
								

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN							Heat:2, starttime: 10:15	
Heat: 2/6 Lane : 5 Athlete: RESL DANA							Q-time: 01:08:60	
PB (25m pool): 1:08.60 Saint-Dizier (F 11 Oct 2025				PB (50m pool): No time SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		31.08		1:08.60				
	31.08		37.52					
								

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN							Heat:5, starttime: 10:20	
Heat: 5/6 Lane : 4 Athlete: GASPARD FLORINE							Q-time: 00:59:52	
PB (25m pool): 59.52 Montpellier (FR 1 Nov 2024				PB (50m pool): No time SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		27.49		59.52				
	27.49		32.03					
								

Coach feedback:

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Event number: 8: 200M BACKSTROKE MEN							Heat:3, starttime: 10:25	
Heat: 3/4 Lane : 4 Athlete: ALVES TORRES PAUL							Q-time: 02:00:37	
PB (25m pool): 1:57.50 Chartres 3 Nov 2022				PB (50m pool): 2:04.35 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		26.75		56.04		1:25.99		1:57.50
	26.75		29.29		29.95		31.51	
								

Coach feedback:

Event number: 9: 200M BUTTERFLY WOMEN							Heat:2, starttime: 10:35	
Heat: 2/3 Lane : 4 Athlete: REINESCH LEELOO							Q-time: 02:22:15	
PB (25m pool): 2:22.15 Saint-Dizier (F 11 Oct 2025				PB (50m pool): 2:27.31 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		31.74		1:08.30		1:45.64		2:22.15
	31.74		36.56		37.34		36.51	
								

Coach feedback:

Event number: 10: 100M BUTTERFLY MEN							Heat:5, starttime: 10:50	
Heat: 5/6 Lane : 1 Athlete: VALENTINI STEFANO							Q-time: 00:57:19	
PB (25m pool): 56.42 Dudelange 16 Nov 2024				PB (50m pool): 57.03 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		26.25		56.42				
	26.25		30.17					
								

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN										Heat:4, starttime: 10:55	
Heat: 4/7 Lane : 3 Athlete: RESL DANA										Q-time: 00:27:16	
PB (25m pool): 27.16 Saint-Dizier (F 12 Oct 2025										PB (50m pool): 27.56 SB:	
	2 5 M		5 0 M								
PB			27.16								
	27.16										
											

Coach feedback:

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: CNB

Event number: 11: 50M FREESTYLE WOMEN										Heat:5, starttime: 10:55	
Heat: 5/7 Lane : 1 Athlete: ALLAR MAUD										Q-time: 00:26:91	
PB (25m pool): 26.91 Oberkorn 30 Nov 2024										PB (50m pool): 27.51 SB:	
	2 5 M		5 0 M								
PB			26.91								
	26.91										
											

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN										Heat:7, starttime: 11:00	
Heat: 7/7 Lane : 4 Athlete: GASPARD FLORINE										Q-time: 00:23:99	
PB (25m pool): 23.99 Montpellier (FR 2 Nov 2024)										PB (50m pool): 24.42 SB:	
	2 5 M		5 0 M								
PB			23.99								
	23.99										
											

Coach feedback:

Event number: 13: 4x50M MEDLEY MIXED						Heat:2, starttime: 11:00		
Heat: 2/2 Lane : 5 Athlete: TEAM CNB 1						Q-time: 01:47:15		
PB (25m pool):			PB (50m pool): No time SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: